

DEBBIE'S SCHOOL OF DANCE

What to Wear to Dance Class

Use this guide as a quick reference for regular weekly classes at DSOD. Dancers should arrive in clothing that allows teachers to clearly see alignment and movement, with hair secured away from the face. Specific costume, performance, or competition requirements will be communicated separately.

Class / Style	Recommended Attire	Shoes	Hair & Notes
Pre-Ballet	Leotard with tan or pink tights. An optional ballet skirt or fitted dance shorts may also be worn	Pink ballet shoes	Hair pulled neatly away from the face. Keep attire comfortable and easy to move in
Ballet	Leotard with tights. A fitted ballet skirt, fitted shorts, or ballet warm up gear	Pink ballet shoes	Hair secured neatly; a bun is preferred for older/advanced ballet dancers. A pony tail is fine for younger dancers
Creative Movement	Anything comfortable your child can move in. Your teacher might reach out for fun themed days in which attire may be something different to match the theme!	Bare feet, jazz, or ballet shoes are all fine for your little one	Hair back
Jazz	Leotard, fitted tank/crop top, dance shorts, leggings, tights, or fitted dancewear are all acceptable	Black or tan jazz shoes, depending on class/costume/teacher requirements, we recommend having both colors on hand	Hair pulled back
Tap	Leotard or fitted top with dance shorts, leggings, or dance pants that do not cover the feet	Tap shoes appropriate for the dancer's level	Hair pulled back. Pants should not be so long or loose that they interfere with footwork and sounds
Hip Hop	T-shirt, tank, sweatshirt, joggers, leggings, or other comfortable street-style dancewear	Clean sneakers used for indoor dance class, no outside sneakers on the Marley floor	Hair secured away from the face
Contemporary	Fitted tank/crop top, dance shorts, or leggings. Light fitted layers are fine.	Barefoot	Hair pulled back. Attire should allow full range of movement and floorwork
Turns & Leaps / Technique	Fitted dancewear or athletic attire	Jazz shoes, half soles, or barefoot	Hair securely pulled back
Lyrical	Fitted leggings/shorts, leotard, tank top, and tighter athletic wear are all acceptable	Bring the shoes requested for the class by the teacher; jazz shoes are a good default if nothing else currently on hand	Hair pulled back

General DSOD Reminders

- Hair should always be pulled away from the face and secured before class begins.
- Jeans, dresses, restrictive clothing, and clothing that is excessively baggy are not recommended for dance class.
- Dance shoes should be labeled with the dancer's name and should not be worn outdoors.
- For combination classes, dancers may wear the same dance attire for both styles and simply change shoes.
- Teachers may give class-specific instructions as dancers progress or as recital and performance season approaches as far as shoes and color.
- No outside shoes on the Marley floor due to possible stones, mud, dirt, or other things that come in from outside getting on the floor.

Questions about shoes or attire? Please check with your dancer's teacher or the studio before purchasing.